COOKING TIPS

- GREAT ON GRILLED SALMON AS WELL AS ON GRILLED VEGETABLES
- SPREAD ON GRILLED ZUCCHINI THEN ROLLED THEM UP
- MIX WITH BABY SPINACH AND SERVE IT ON CROSTINI OS AS A DIP
- AS A DIPPING WITH CARROTS OR CELERY
- ADD IT ON YOUR FAVORITE PASTA OR RAVIOLI

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COOKING TIPS

- USE IT STRAIGHT ON YOUR FAVORITE PASTA OR RAVIOLI
- MIX IT WITH RICOTTA OR GOAT CHEESE ON CHICKEN BREAST OR PORK CHOPS
- TRY STIRRING A SPOONFUL INTO SAUTEED VEGETABLES
- ADD IT TO YOUR SCRAMBLED EGGS OR FRITTATA
- SPREAD IT ON GARLIC BREAD FOR EXTRA FLAVOR. BRUSCHETTA MADE EASY
- COMBINE WITH GREEK YOGHURT FOR A HEALTHY DIP
- ROCKS WITH MOST GRILLED OR ROASTED MEATS

NO PRESERVATIVES

NO ADDED SUGAR

GLUTEN FREE*

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COOKING TIPS

- MADE FRESH EVERY WEEK!!! THE REAL AUTHENTIC BASIL PESTO
- PERFECT MATCH WITH ANY LONG OR SHORT PASTA
- PESTO MUSSELS: STIR 3 TABLESPOONS IN 2 LBS OF WHITE WINE MUSSELS
- ALSO GREAT WITH STEAMERS, CLAMS OR SHRIMPS
- USE IT WITH MASHED OR BAKED POTATOES INSTEAD OF BUTTER
- GREAT ON PIZZA, QUESADILLAS OR SANDWICHES
- COMBINE WITH SCRAMBLED EGGS OR OMELETTES FOR BREAKFAST
- PESTO BUTTER (1CUP PESTO + 4 TBSP BUTTER) OVER GRILLED SWORDFISH
- QUICK AND GREAT PASTA SALAD ADDING CHOPPED CHERRY TOMATOS
- ON A TOAST WITH A SLICE OF MOZZARELLA AND A SLICE OF TOMATO

NO PRESERVATIVES

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COOKING TIPS

- GRILLED FISH, STEAK OR CHICKEN WITH A SPOONFUL ON TOP FOR FLAVOR
- ON PASTA COMBINED WITH CHOPPED TOMATOES
- MIX IT WITH MAYONNAISE TO MAKE OLIVE AIOLI
- THIS IT OUT WITH EXTRA VIRGIN OLIVE OIL AS A FLAVOURFUL DIPPING
- BLEND WITH BUTTER AND RUB ON CORN BEFORE GRILLING

NO PRESERVATIVES

NO ADDED SUGAR

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COOKING TIPS

- A LIGHT BUT FLAVOURFUL ALTERNATIVE FOR YOU FAVOURITE PASTA
- ITS UNIQUE FLAVOR MAKES IT A GREAT MATCH FOR YOUR ETHNIC DISHES
- USE IT WITH YOUR FISH OR MEAT DISHES AS WELL
- EXCELLENT WHEN COMBINED WITH COUSCOUS OR RICE
- SUPER HEALTHY SPREAD OR DIP FOR YOUR SNACK / SANDWICHES

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COOKING TIPS

- SPICE UP YOUR MEAL WITH THIS HOT NEW PESTO
- MIX IT IN YOUR RECIPES SUCH AS PASTA SAUCES, SOUPS, PIZZA, HOT DOGS
- SPREAD IT ON YOUR GRILLED STEAK, PORK CHOPS OR CHICKEN BREAST
- GREAT WHEN COMBINED WITH CHEESE ON CROSTINI
- EXCELLENT ON GRILLED VEGETABLES AS WELL

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COOKING TIPS

- A CLASSIC ITALIAN SPECIALTY WITH A HINT OF SPICY
- MIX IT IN YOUR SALAD FOR EXTRA FLAVOR
- MAKE A SPECIAL AND SPICY CAPRESE BY ADDING IT ON TOP
- GREAT FOR PASTA AND RICE SALADS
- ADD IT TO YOUR VEGETABLE SOUP TO ENHANCE FLAVOR
- USE IT PLAIN ON BREAD OR CROSTINI AS APPETIZERS

NO PRESERVATIVES

NO ADDED SUGAR

GLUTEN FREE *

NUTS FREE

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COOKING TIPS

- ENJOY OUR CLASSIC MEDITERRANEAN BRUSCHETTA SAUCE
  - REALLY TASTY ON CROSTINI AND BAGUETTE AS WELL
    - ADD SOME OREGANO ON TOP FOR PERFECTION
  - USE TO ENRICH THE FLAVOR OF YOUR SANDWICHES
- ALTERNATIVELY, IT PAIRS REALLY WELL WITH COD AND TILAPIA

NO PRESERVATIVES

DAIRY FREE

NO ADDED SUGAR

GLUTEN FREE*

VEGAN

NUTS FREE

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COOKING TIPS

- EXCELLENT ON STEAK, PORK CHOPS, HAMBURGERS AND HOT DOGS
- ADD A TABLESPOON IN YOUR HUMMUS FOR EXTRA FLAVOR
- PAIRS REALLY GREAT WITH CREAM OR GOAT CHEESE ON CRACKERS OR ON A FRENCH BAGUETTE
- ADD IT TO YOUR SPINACH AND FETA SALAD...GREAT FLAVOR COMBINATION

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COOKING TIPS

- PERFECT MATCH WITH RICE OR BARLEY
- EXCELLENT SIDE WITH FISH OR MEAT COURSES
- ADDS EXTRA FLAVOR TO YOUR VEGETERIAN MEALS
- FANTASTIC WITH HOT DOGS AND HAMBURGERS

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COOKING TIPS

- SUPER FOOD, SUPER PESTO!!
- A GREAT ALTERNATIVE TO OUR CLASSIC BASIL PESTO
- USE IT ON PASTA AS WELL AS ON SANDWICHES
- POWER UP YOUR BREAKFAST BY ADDING IT TO YOUR EGGS/OMELETTES
- ADD IT TO YOUR HEALTHY SNACK / SANDWICH

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